

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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### INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)					
1. Name and Address of Reporting Person <sup>*</sup> – Johnshoy Sheila	2. Date of Event Requiring Statement (Month/Day/Year) 03/11/2022	3. Issuer Name and Ticker or Trading Symbol Stran & Company, Inc. [STRN]			
(Last) (First) (Middle) C/O STRAN & COMPANY, INC., 2 HERITAGE DRIVE, SUITE 600	05/11/2022	4. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner			5. If Amendment, Date Original Filed(Month/Day/Year)
(Street) QUINCY,, MA 02171		X Officer (give ti below) Chief C			6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person
(City) (State) (Zip)	Table I - Non-Derivative Securities Beneficially Owned				
1. Title of Security (Instr. 4)	2. Amount of See Beneficially Own (Instr. 4)		3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Natur (Instr. 5	re of Indirect Beneficial Ownership )
Common Stock	5,000 (1)		D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1473 (7-02)

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#### Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

	Expiration Date (Month/Day/Year)		Securities Underlying Derivative Security		or Exercise Price of	Form of	6. Nature of Indirect Beneficial Ownership (Instr. 5)
	Exercisable	Date	Title	Amount or Number of Shares	I	Direct (D) or Indirect (I) (Instr. 5)	
Employee Stock Option (Right to Buy)	03/11/2022	03/10/2032	Common Stock	5,000 <u>(1)</u>	\$ 1.6	D	

## **Reporting Owners**

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
Johnshoy Sheila C/O STRAN & COMPANY, INC. 2 HERITAGE DRIVE, SUITE 600 QUINCY,, MA 02171			Chief Operating Officer			

# Signatures

/s/ Sheila Johnshoy	03/21/2022	
***Signature of Reporting Person	Date	

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 5(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Subject to restrictions on transfer until September 11, 2022.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, See Instruction 6 for procedure.

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